

QISD Community Education

QISD Education Center
401 E. Richmond
Quinlan, Texas 75474
Phone 903-356-1220
Fax: 903-356-6119



There are two ways to register:

- (1) On-line at www.quinlanisd.net.
Click on Community Education
- (2) Contact: Tiffony Hopper at tiffony.hopper@quinlanisd.net
or Toni Douthit at toni.douthit@quinlanisd.net



First Aid

Instructor: Donna Hopson, R.N.

Location: QEC Room #207

Time: 5:00 p.m. to 8:00 p.m.

Date: Thursday, May 13, 2010

Registration: \$11; \$10 book fee to be paid at time of registration; you will also need to bring \$1.25 (exact change) on the night of class to purchase your First Aid Card.

Description: The American Heart Association First Aid class covers four sections: General Principals of first Aid, Medical Emergencies, Injury Emergencies, and Environmental Emergencies. Upon completion, you will receive a certification card from the American Heart Association. Your supply fee covers the cost of your First Aid Manual.



CPR

Instructor: Donna Hopson, R.N.

Location: QEC Room #207

Time: 5:00 p.m. to 8:00 p.m.

Date: Thursday April 15, 2010

Registration: \$11; \$10 book fee that must be paid at time of registration; you will also need to bring \$1.25 on the night of class to purchase your CPR card.

Description: This class is offered by the American Heart Association Basic Life Support. The class consists of a "watch then practice" video, and a skills check-off. Your CPR card will be mailed to you upon completion of this course. Your supply fee covers the cost of your AHA book.

GED

Instructor: Gary Cantrell

Location: QEC Room #209

Time: 5:00 p.m. to 7:00 p.m.

Date: Tuesdays & Thursdays beginning January 12, 2010

Registration: None; \$3 supply fee to be paid to instructor on the first night of class

Description: Preparation for the GED exam given at area colleges in all areas of study.



Beginning Word 2007

Instructor: Toni Douthit

Location: QEC Lab #206

Time: 5:00 p.m. to 6:00 p.m.

Date: Monday, beginning January 11, 2010

Registration: \$11; \$3 supply fee to be paid to instructor on the first night of class.

Description: This class will introduce basic Word 07 features.

Beginning Power Point 2007

Instructor: Toni Douthit

Location: QEC Lab #206

Time: 6:00 p.m. to 7:00 p.m.

Date: Mondays beginning January 11, 2010

Registration: \$11; \$3 supply fee to be paid to instructor on the first night of class.

Description: This class will introduce basic Power Point 07 features. You will create a Power Point presentation using your own pictures; or pictures and information from the internet.

Exact Cash or Check for ALL FEES-No credit
cards or change made.

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cards or change made.

Payment instructions: Registration is not guaranteed until registration fees have been paid. Registration fees are non-refundable, unless QISD is forced to cancel a scheduled class. Check or money order made out to QISD, or correct change only. (We do not keep cash on the premises). Classes are limited, guarantee you registration early!

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Beginning Excel 2007

Instructor: Toni Douthit

Date: Mondays beginning January 11, 2010

Time: 7:00 p.m. to 8:00 p.m.

Registration: \$11; \$3 supply fee to be paid to instructor on the first night of class.

Description: This class will introduce basic Excel 07 features.

Tole Painting

Instructor: Sharon Foote

Location: QEC Room #209

Time: 9:00 a.m. to 12:00 p.m.

Date: Mondays beginning March 1, 2010

Registration: \$11; \$20 supply fee to be paid to instructor the first morning of class.

Description: This class will introduce participants to the world of Tole painting which is a form of wood art with acrylic paint. The classes will provide excellent craft and gift idea for the holidays.

Babysitting

Instructor: Lena Bernard

Location: FHS Room #1428

Time: 4:30 p.m. to 6:00 p.m.

Date: Thursdays beginning March 25

Registration: \$11; \$15 supply fee to be paid to instructor on the first night of class.

Description: Babysitting is usually the first opportunity for teenagers to earn money. This course offers basic training in how to care for young children through fun games, crafts, and other hands-on activities. Babysitters will create their own babysitting tote bag full of resources and activities that can be useful for their jobs. **Ages:** 13 years old and up. The class will be limited to 20 students, so register early to guarantee your placement!

Martial Arts

Instructor: Michael Suber

Location: JMECC Gym

Time: 6:00 p.m. to 7:00 p.m.

Date: Tuesdays beginning January 5, 2010

Registration: \$11; \$30 equipment fee to be paid to instructor on the first night of class.

Description: **When's the last time you did something that mattered?** Sure you sat through the entire series of American Idol or beat your favorite video game for the 5th time, but it doesn't matter. Develop skills to last you a lifetime and lay the foundation of a legacy of leadership to give to your children. You must be 10 years of age or older. If more than 2 family members enroll, all equipment fees for family members over and above the first 2 will be waived.

Exercise and Fitness Group

Instructor: Bruce and Loretta Schwab

Location: QEC Room #102-103

Time: 6:00 p.m. to 7:00 p.m.

Date: Mondays and Thursdays beginning January 11, 2010

Registration: \$11

Description: Come and get healthy! This is a continuation of our fall fitness class. We are a group of like-minded individuals who desire to be healthier, trimmer and to have fun getting fit. We utilize fitness DVDs produced by Leslie Sansone in which easily-learned movements are performed at a quick pace. Each session begins with a warm up and is followed by a cool down. We close each class with a set of stretching exercises. Whether you are a beginner or an intermediate, you will get a vigorous workout which can be modified to your fitness level. If it has been a while since you exercised, please consult your health care provider. Class is limited to first 15 paid registrations.

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